



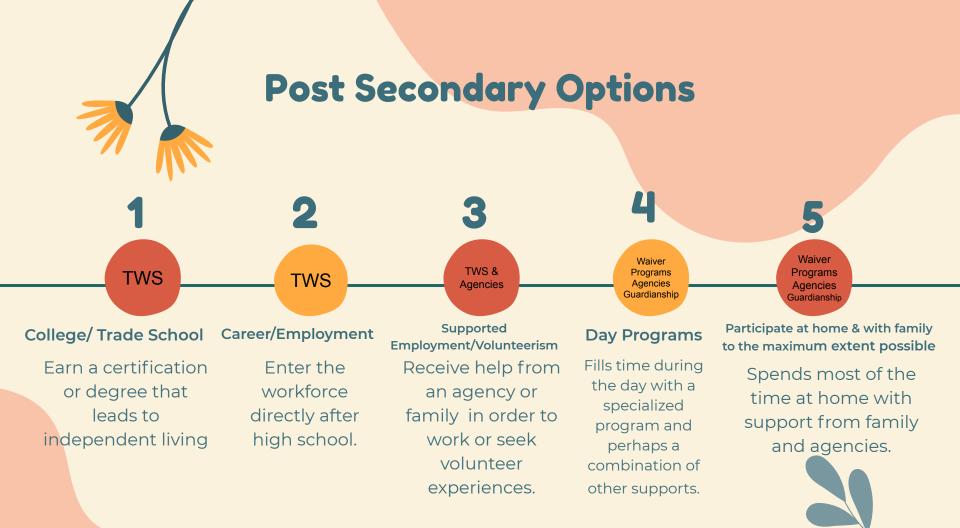
### Transition and Post Secondary Planning

Successful transition from high school to life beyond takes careful planning. It is never too early to start thinking about the steps that will take your child to the next level. No matter the age of your child, it is important to start with the end in mind and make a plan.

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To begin with the end in mind means to start with a clear understanding of your destination. It means to know where you're going so that you better understand where you are now and so that the steps you take are always in the right direction.

-Stephen R. Covey





## 01 College Information & Planning



# **College and Trade School**

Certifications and degrees can lead to great career opportunities for students. Important aspects to consider:

- Any post secondary school that receives federal funds must have a disability service office.
- Basic accommodations can made for students.
- The academic rigor of all classes must be maintained.
- If a student receives modified content in high school, they will need to start at a Junior or Community College.

### **Local Options**

**Dallas College** 

Dallas College: Disability Support <u>Services</u>

Dallas College: Trades/Certifications/Degrees



**Collin College** 

<u>Collin College: Rockwall</u> <u>Center</u>

<u>Collin College: Technical</u> <u>Campus</u>

<u>Access (Disability Services at</u> <u>Collin County)</u> Email Today

#### **College Career Counselor**

For more guidance make an appointment today!

#### What are your plans after high school?

#### Schedule a Zoom meeting with a College/Career Counselor.

#### College Exploration & Application Process: Navigating College Choice

- → College Readiness Are you on track?
- → Selecting a College—What should you consider?
- → Paying for College—Financial Aid/Scholarships
- → College Essay/ Letters of Recommendation Assistance
- → Academic Advising

#### Career Exploration: Find Your Career Path

- → Career Tools—Interest and Ability Assessment
- → Career Pathways Job Training/ Education Military
- → Job Skills—Job Search, Resume Building, & Certificates



Available for Zoom meetings Monday - Friday; 830am-330pm

Email <u>Shirley Wilson</u>, College & Career Counselor, to schedule a Zoom appointment: <u>sswilson@collin.edu</u>

# Growing Opportunities

In recent years, the college opportunities for students with developmental and intellectual disabilities have expanded. These programs focus on independence, vocational training and adult living skills. It is likely these opportunities will grow through the years.



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### **Texas Workforce Solutions**



# TWS College & Career Services

After assessing vocational strengths and interests, it is possible a student could receive financial help with career training or college. If the coursework will lead to employment, TWS might help pay. These services are usually based on financial need. It is recommended students apply by the 2<sup>nd</sup> semester of their 11<sup>th</sup> grade year TWS will also perform career assessments and give guidance on career choices

### **TWS : Vocational Services**

TWS can help clients gain vocational skills through job coaching, summer internships, and vocational/prevocational training. After high school, they can also help with job placement and job retention. These services are based on need and eligibility not finances. RISD has a TWS Counselor available at both high school campuses. If you feel your student needs these services, we recommend you apply by the second semester of the junior year.



### **Vocational Services Available Now**

#### Summer Earn & Learn

5 week paid internship with job coaching during the summer.

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Pre Employment Transition Services

Students 14 and above can receive training in pre employment skills at no cost.

#### Internships

TWS can arrange paid and non paid 12 week internships for qualifying students Edwin Baez (14 - 16 yrs) edwin.baez@twc.state.tx.us

To set up services email:

Ruben Santana (16 yrs and up) ruben.santana@twc.state.tx.us

WORKFORCE SOLUTIONS

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### 03 Medicaid Waiver Programs



### Medicaid Waiver Programs in Texas

In the state of Texas, there are programs designed to help special needs individuals and their families. Most of these waiver programs provide services and supports to persons with intellectual disabilities, severe medical needs, and/or autism. Because these services are in such high demand, there is a wait list before an individual can be evaluated for services. These wait lists can be 15 years long. If there is any possibility your child will need ongoing support and help, you should call and get their name on an interest list today!

### Medicaid Waiver Programs

CLASS Waiver Program	The CLASS program provides home and community-based supports to people with related conditions. This waiver is an alternative to receiving services in an Intermediate Care Facility for Individuals with an Intellectual Disability or Related Conditions (ICF/IID)	Health & Human Services Commission Waiver Hotline Call: 877-438-5658 Say: I want to place my child on the Medicaid Waiver Interest Lists.
Medically Dependent Children Program (MDCP)	MDCP (also called STAR Kids) provides services to families caring for children and young adults as an alternative to receiving services in a nursing facility. (Ends at 21)	Health & Human Services Commission Waiver Hotline Call: 877-438-5658 Say: I want to place my child on the Medicaid Waiver Interest Lists.
Deaf-Blind With Multiple Disabilities Program (DBMD)	The DBMD program provides services for people who are deaf-blind or have a condition that leads to deaf-blindness, plus an additional disability. This waiver is an alternative to receiving services in an Intermediate Care Facility for Individuals with an Intellectual Disability or Related Conditions (ICF/IID)	Health & Human Services Commission Waiver Hotline Call: 877-438-5658 Say: I want to place my child on the Medicaid Waiver Interest Lists.
Home and Community Based Services (HCS)	The HCS program provides services and supports to people with an intellectual disability (ID) or a related condition who live with their families, in their own homes, or in small group homes with no more than 4 beds.	Lakes Regional Community Center 903-243-9088 x 2305 Say: I want to place my child on the Medicaid Waiver Interest Lists.
Texas Home Living Services (TxHmL)	This waiver program provides services to people with an intellectual disability (ID) or a related condition who live in their own home or their family's home.	Lakes Regional Community Center 903-243-9088 x 2305 Say: I want to place my child on the Medicaid Waiver Interest Lists.
Youth Empowerment Services (YES)	This waiver program designed to specifically help students with serious mental, emotional and behavioral difficulties. The YES program seeks to provide wraparound services to help build the family's natural support and connection within their community	North Texas Behavioral Health (Rockwall, Kaufman, Dallas, Ellis, Hunt and Navarro Counties) 866-501-6535 Say: I want to place my child on the YES Waiver Interest Lists.



04 Lakes Regional Community Center



### Lakes Regional Community Center

#### **Services Now**

Lakes Regional can provided services for qualifying students now. You can apply for services today.

Intellectual and Developmental Disability Supports Call: 469-214-8050 x4102

Mental Health: 972-722-2685

Lakes Regional is our local Mental Health and Intellectual Developmental Disability Agency. They can provide services to students in need.

#### **Services Later**

As the local service provider for our county, LRCC manages the interest wait lists and services for HCS and TxHmL. You can add your child to the interest wait list today.

903-243-9088 X 2305



<sup>05</sup> Guardianship Power of Attorney Supported Decision Agreement



### Guardianship-Power of Attorney-Supported Decision Making Agreement

Most children, with or without disabilities, continue to need parental assistance when they turn 18. Many parents are surprised to learn their ability to make decisions regarding education, finances, medical care, or anything else, are rights that now belong exclusively to their adult child. Once an individual is 18, that individual is presumed competent to manage every aspect of their life. When your student turns 18, you have various options to consider:

#### **Guardianship:**

Guardianship is a legal process in which the competence of an individual is assessed. If the court finds that an individual is unable to make their own decisions, a guardian is appointed by the courts. Although some counties will allow a petition to be filed shortly before the child's 18th birthday, the hearing will not be held until after the child turns 18. Families considering this option will need to contact a lawyer. Once guardianship is obtained, it needs be re-filed with the courts once a year.

#### **Power of Attorney:**

The durable power of attorney is a document signed by one individual appointing another individual to act for him or her. Power of attorney can be roughly divided into two categories: the financial durable power of attorney, which addresses issues related to daily living, such as financial matters, education, public benefits and privacy/access to documents, and those that address health care. Unlike guardianship, the adult child is never determined to be incompetent and retains all righs not specified in the agreement. Power of Attorney agreements are only appropriate if the adult child is capable of understanding the document. The agreement must be filed with the courts.

#### **Supported Decision Making Agreement:**

In a supported decision-making agreement the adult child chooses someone (called a "supporter") they trust to help them get information they need to make an informed decision, consider their options, understand the risks and communicate their decisions to others. It must be signed by a third party witness but does not need to be filed with the courts. The adult child retains all rights. The agreement can be made or revoked at any time.

Feel free to contact the district transition specialist with any questions. Amber Erwin amber.erwin@rockwallisd.org 469-698-7421

# Thanks